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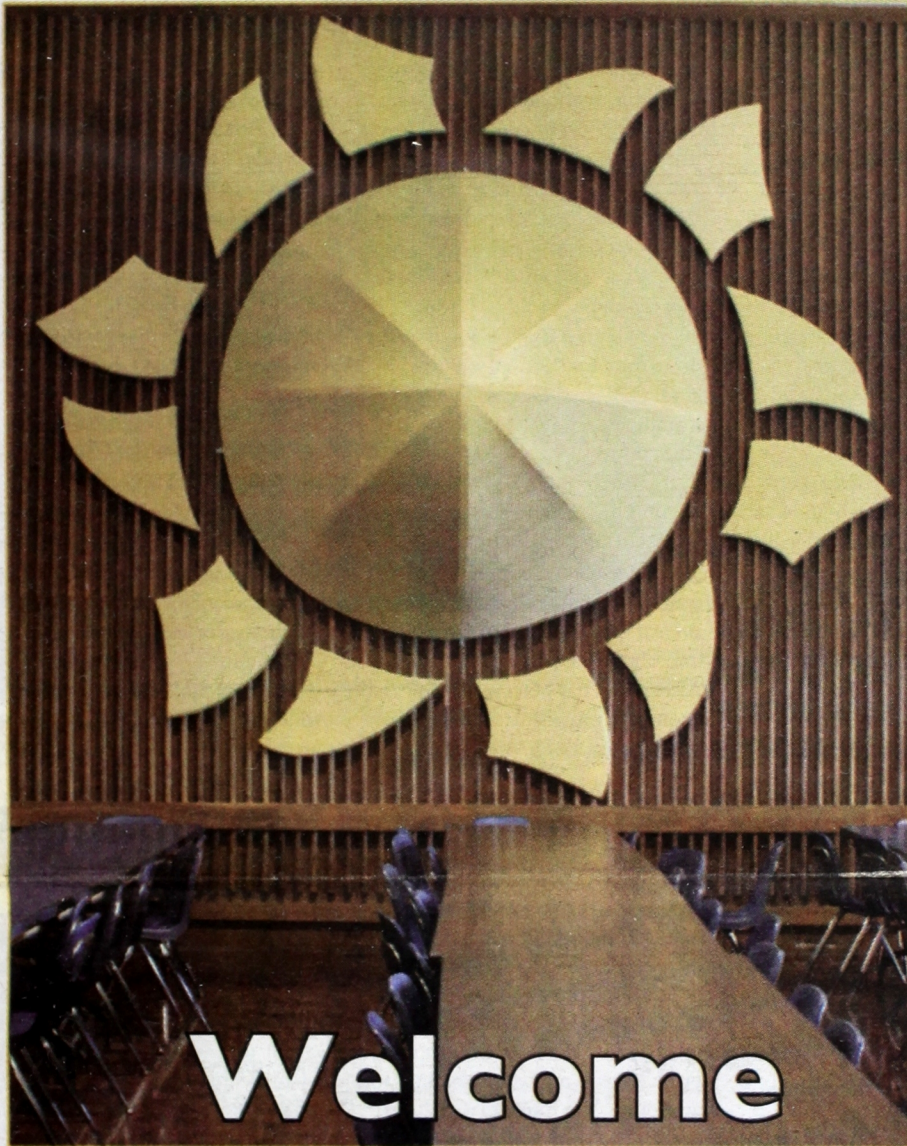


Laurentian University's Official English Student Newspaper

LAMBDA

Volume 48 Issue 1

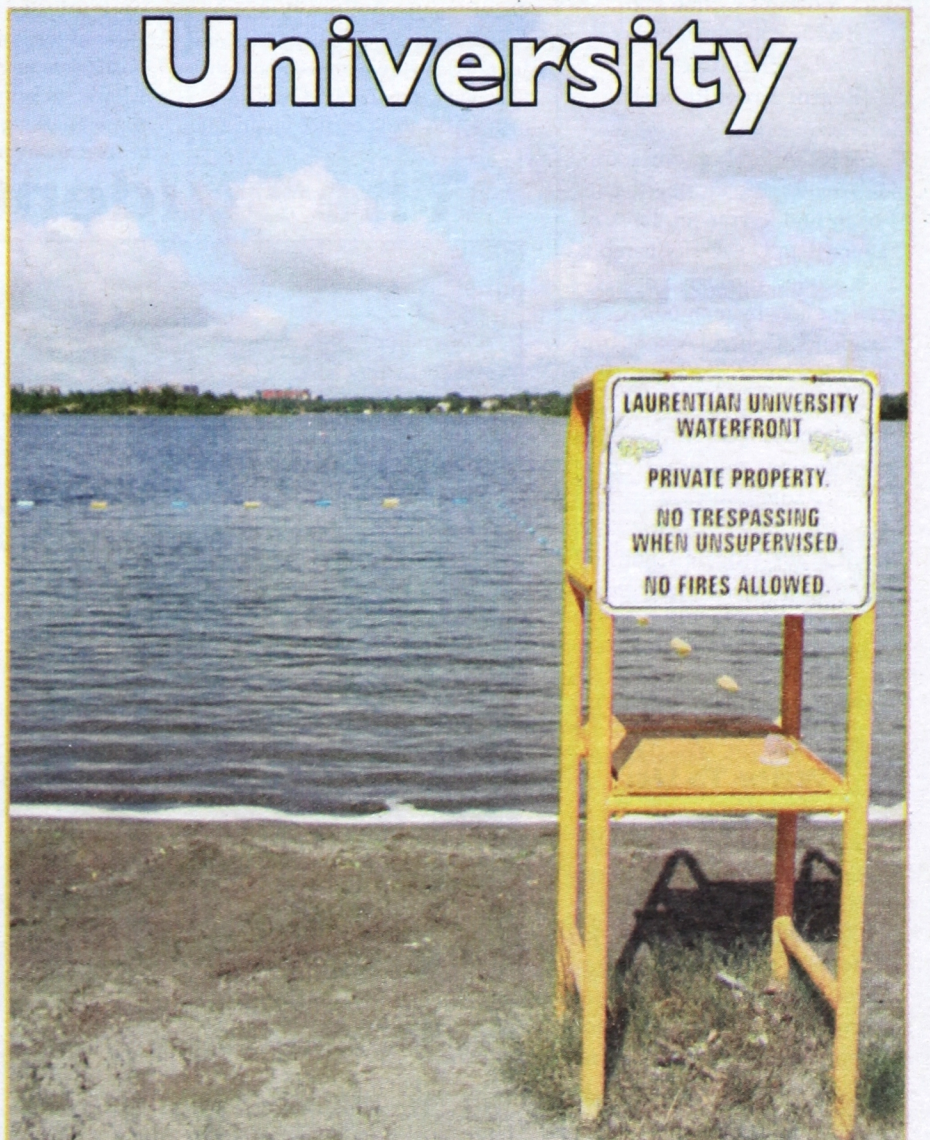
Summer 2009



**Welcome
Laurentian**



to



Photos by Matt Moskal

LAMBDA

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Tannys Laughren

Assistant Editor
Vacant

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Write To Us:

Include your full name and student number. Please keep articles to a maximum of 700 words. Lambda reserves the right to edit for content considered sexist, racist, homophobic, heterosexist, for length, or legal purposes. Letters of a harassing or slanderous nature will be dealt with by proper authorities.

The first of many introductions



Matt Moskal
Editor-in-Chief

After nearly half a decade of living in Sudbury and experiencing what the city has to offer educationally and culturally, I'm proud to greet you, the new students of Laurentian University, as the Editor-in-Chief of Lambda.

My name is Matt Moskal, I am a graduate of Laurentian's Communication Studies program and Cambrian College's Print Journalism program.

When I first toured Laurentian campus four years ago, I felt as though I was walking through a national park with classroom buildings eating up the scenery. After checking my Webmail account and noticing an e-mail warning me about bears roaming around on campus I was less than enthusiastic to travel the dirt paths back and forth between classes every day. But when I found out that there were trails on campus that didn't even hint a shred of civilization nearby, I was impressed by my surroundings.

Within my first year I became involved with Laurentian's volunteer radio station CKLU 96.7 FM and learned a fair deal about Sudbury's busy and ever-expanding music scene. I became obsessed with discovering more about the history and development of the arts in

Sudbury as I continued my studies and disc jockeyed on the side.

I still continue to contribute to the station through interviews and with a radio program on Tuesday nights.

A year later I served as the Arts and Entertainment Editor of Lambda. It was at this time that I began to really pursue my interest in the community and culture of Sudbury. From this desire to learn more about the city around me I found myself further down the rabbit hole. I've experienced many eventful evenings of quality entertainment in the form of internationally renowned film festival Cinefest at Silver City on Barrydowne, Canada's longest running folk festival, Northern Lights Festival Boreal at Bell Park and countless nights at the Townhouse hearing local and touring musicians perform to eclectic and enthusiastic crowds.

Through connections in the arts community I was pointed in the direction of Sudbury's appetizing downtown eateries. After spending most of my money dining at The Laughing Buddha, Fromagerie, Books and Beans, Respect is Burning, Frank's Delicatessen and Boulangerie my little infatuation with the arts grew to a respect for locally owned businesses and a need to support their industry.

Once I finished my three years at Laurentian University, I headed to Cambrian College to complete one year of the Print Journalism program and write for

the Shield. Here, my writing focused mostly on on-campus happenings and the interesting lives of students and faculty. The workplace ethic practiced by the Shield inspired me to return to Laurentian and apply for the position of Editor-in-Chief of the Lambda to reshape it into a stronger campus newspaper.

We are in the unique position of being one of the few remaining bi-weekly campus newspapers in the city and accessible to not only a student audience but also more than a handful of readers in the downtown area.

As we are under new management, we are adopting a new approach to the campus newspaper. This year, Lambda will be focused on helping you discover what lies on the other end of the University Via Paris and Regent University buses that you are so privileged to ride for free. After being appointed Editor of Lambda this summer, I'd concluded that this paper could be a way to help students feel like something more than tourists in Sudbury.

This first issue will serve as a guide to life on campus here at Laurentian.

Rather than post the same pictures my predecessors used year after year on the cover of our Frosh issue, I've taken a number of shots from different areas on campus to shine a different kind of light on our school. The Student General Association has been generous enough to provide us with a guide to this year's Frosh Week activities

and available student services. Their office coordinator will be available with more information if you need it.

Lambda is also continuing its proud partnership with CKLU 96.7 FM by providing their current schedule in our Arts and Entertainment section as well as bi-weekly features about the diverse programming featured weekly on the station. Check out page five for a complete CKLU schedule listing and visit www.cklu.ca for more information on volunteering for a program in Sept.

Campus maps have been provided on the back of this issue to help guide new students around the school while city maps are available in the SGA office in Frosh kits. Also, the student U-Pass allows free bus rides for full-time students. It's a privilege to have the freedom to take complete advantage of public transportation and it's an easy way to familiarize one's self with the city you'll be living in for the next few of years. Visit the library to retrieve your student card at the start of the semester. Student cards double as U-Passes and allow you free transport on all city buses. Student cards are available in the library.

As a student, you make your own experience at Laurentian, whether it be academically, socially or recreationally. The choice as to whether or not to embrace the community is yours, but many of you have plenty of time to discover what this city has to offer, why pass up the opportunity?

A message from the VP of Services



Scott Kirkness
SGA VP of Services

To the 2009-2010 Frosh, welcome to Laurentian University! To returning students, welcome back. I hope you all had an awesome summer and are pumped about the upcoming school year! Okay, so maybe you aren't excited about 4:00

a.m. study sessions or 10:00 p.m. classes, but you should be psyched for the amazing events we have planned for you this year. Of course, the SGA always throws a crazy party for Frosh Week, but we have decided to do things a little different this year. Different? Could that be a good thing? Oh yes, it's a good thing. Instead of just having Frosh Week activities, we are having two weeks of mayhem to celebrate Frosh! Check out our Frosh Week calendar at www.sga.laurentian.ca.

Speaking of the SGA website, be sure to stay tuned regularly.

Gone are the days were the SGA website was an archival type site with outdated information and pictures of events from long ago. The site is now a full functional entity with daily updates and the information you need. Let's say you went to the Frosh concert and you thought it was awesome. You took great pictures and had an even better time. Send us your pictures and a summery of your evening (sga@laurentian.ca); we'll throw it up online.

The SGA website is only one way to stay in loop for what's going on around campus this year. Join

the 2009-2010 SGA Frosh Facebook Group. You will get notifications every time we announce a new event or make changes to an existing one. Plus, this can be a great way to get involved if you want to help out with any of the events. Every once and a while we throw up an SOS looking for volunteers to all the group members.

Long story short, be informed, get involved, have a great time, and remember that you learn a lot more at university than just what's in your books.

The Students' General Association

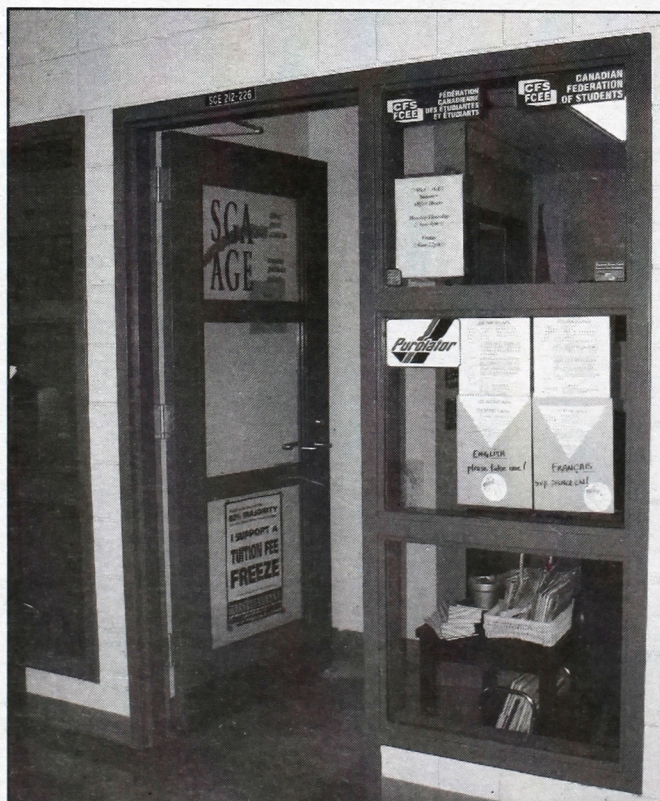


Photo Supplied

The SGA office, located on the second floor of the Great Hall in the Student Centre, aims to assist with English-speaking students' individual and social needs.

Matt Moskal
Editor-in-Chief

The Students' General Association (SGA) is the organization representing the majority of Laurentian University's english-speaking students.

According to the SGA website, they have been operating on campus since the 1960s and providing programs and services to assist with student needs.

In 1972, the SGA joined universities from across Canada in the Canadian Federation of Students. The group would go on to lead a number of tuition fee hike protests in attempts to make a post-secondary education more accessible for its student members.

The SGA is still responsible for tuition fee protests and taking action against unfair treatment of students through their Vice-President of Issues: Vanessa Butler.

Butler is joined on the SGA student council by Vice-President of Services Scott Kirkness.

Vice-President of Services overlooks advocacy and appeals, the Laurentian University Food Bank, media related services such as CKLU 96.7 FM as well as various other programs made available to SGA students through the student government.

Thanks to the actions of the collective student council earlier this decade the SGA managed to secure Laurentian students a U-Pass.

The U-Pass is a free bus pass provided to all full-time students and SGA members. By obtaining a student card from the library on campus, students are granted access to free public transportation around the city.

SGA also provides students with frosh kits to suit the needs of new Laurentian students. Each kit comes with supplies and gifts from local businesses and the SGA deemed necessary for new students.

Students can pick up frosh kits by presenting their new student cards to any SGA council member in the SGA office on the second floor of the Great Hall in the Student Centre.

For more information visit <http://en.sga-age.ca/>.

Due to reasons undisclosed, the SGA's presidential position is currently vacant. The SGA office will be holding a bi-election in first semester to fill the position. Students may apply by e-mailing a letter of interest to SGA@laurentian.ca. Deadline for submissions will be Oct. 7 at 4 p.m.

Sustainable Earth Club works a little overtime

Harneet Gill
Lambda Contributor

This July, members of the Sustainable Earth Club were lucky enough to find themselves able to continue to contribute to the environmental sustainability of Laurentian campus outside of the school year.

Although most clubs only operate during the school year, the was still a need for members of the Sustainable Earth Club to keep active during the summer.

The Sustainable Earth Club is a group of environmentally conscious Laurentian students who want to make the University and campus more sustainable and personally reduce its ecological footprints.

After discovering that the trails of Laurentian's Arboretum, which trails behind the Fraser building and around the lower parking lot, were in need of some care, club members gathered to clear up them up on Jul. 12.

The Arboretum consists of over 1 kilometre of trails running through the forests and wetlands on campus, and contains most of the plants found in Sudbury growing along the trails. Sustainable Earth members cleared away grass and shrubs that were threatening to take them over, and restored the picnic area outside the Arboretum building.

The group were up against knee-high alfalfa grass that could only be conquered using a lawn mower and weed wacker. And of course, they had to take care not to harm the unique plants found in the Arboretum, from native orchids to



Photo Supplied

Sustainable Earth Club members John Mavity, Julie Bilodeau, Harneet Gill, Justin McInall and John Wellesley-McGraw took time out of their summer vacations to clean-up over one kilometre of trail outside of Laurentian's Aboretum on July 12. Sustainable Earth Club will be looking to recruit new members in the Bowling Alley on Club Days from Sept. 23 to 24 from 10:00 a.m. to 3:00 p.m.

skunk cabbage.

Now the trails are perfect for walking, jogging, and even blueberry picking during the summer.

The Sustainable Earth Club want to encourage other Laurentian

students to take advantage of the abundant forests and wetlands on campus and explore nature around Laurentian. In the coming year, the club's plans will include pushing for better recycling and less waste

on campus, switching to reusable drinking and eating containers, and increasing students' and staffs' awareness of environmental issues in Sudbury and around the world.

Students interested in joining

the Sustainable Earth Club and to help keep Laurentian natural can e-mail sustainable@laurentian.ca, or look for their booth on Club Days on Sept. 23 and 24 in the Bowling Alley from 10:00 a.m. to 3:00 p.m.

SGA Health Plan offers up to 80% off of medication

Jessica Seguin
SGA Health Plan Administrator/
SGA Office Coordinator

If you are a full time student at Laurentian University (24 credits +) you are covered by the SGA Health Plan. Understanding your student health plan can at times be very confusing. Be reassured that the SGA is here to help you every step of the way.

How do I get health coverage?

Once you are a member of the SGA, you are automatically covered under our Prescription Drug Plan. Part of the Ancillary fees that you pay includes a \$65 fee for the Health Plan. The plan is active as of Sept. 1st, but due to the delays in getting the names uploaded into the system, we ask that you keep your prescription receipts until October. All you need to do is bring them into the SGA office, and we'll help you fill out a reimbursement form.

How do I access my health plan?

In order to access your SGA Health Plan you simply need to show your student card to the pharmacist when picking up your prescriptions. If there are problems, you can always submit your receipts to the SGA for reimbursement.

What's covered by the SGA?

The SGA Health Plan gives you an 80% discount on any drugs or medicines prescribed by a physician during your coverage period for a maximum of \$500. To find out what medications are covered under your plan, please call

the plan consultant 1-800-315-1108.

Who's covered by the plan?

All students who have chosen the SGA and have paid their full time fees are automatically enrolled for single coverage. Part-time students can also opt-in for single coverage for a fee of \$130.

Who else is covered by the plan?

The automatic enrollment is for single coverage only, but we do allow you to add a spouse or dependents to your coverage for an additional fee. The cost is \$130.00 per family member. The fee for part-time students to add additional family members is the same.

How long am I covered for?

The plan provides coverage for 12 months, from Sept. 1st to Aug. 31st of the following year. Each student is allowed a maximum of \$500 per policy year. Any costs above the \$500 will not be covered by your plan.

My card didn't work at the pharmacy, what should I do?

If your card doesn't work at getting you the discount right at the pharmacy, which sometimes happens, all you need to do is keep your prescription receipt and bring it in to the SGA office. We'll help you fill out a reimbursement request form and mail it out for you. After that, all you need to do is sit back and wait for your refund check to arrive at whatever address you specified on the form.

I live out of town, how do I access

the plan?

Your coverage is good wherever you are in Canada. All you need to do is show your card at any pharmacy to receive your coverage discount. If the card doesn't work, simply keep your receipt and follow the directions above.

What else is covered by my plan?

The SGA has a special arrangement with the Laurentian University Voyageur Athletic Clinic for its members to receive athletic therapy for musculoskeletal (athletic/sporting) injuries. The clinic staffed by two certified athletic therapists. Proof of SGA membership is required. You will not be required to fill any claim form and are entitled to services up to a maximum of \$240 per year. Please contact the clinic directly for their hours of operation at 675-1151 ext. 1031

I'm already covered by my parents' plan, how do I opt-out?

Opting-out of the SGA Health Plan is easy. All you need to do is come to the SGA office before Sept. 25, 2009 at 3:00 pm with proof of coverage under your parents (policy card, photocopy of card, or official document indicating you are covered), and you can fill out an Opt-Out Form. Once you have done this, your refund cheque will be available from the SGA office later in the year. If you have a question that wasn't answered here, or if you need information about the prescription drug plan right away, please contact our office at (705) 675-1151 ext. 6547 or at sga@laurentian.ca.

PLAZA 69 MALL

Plaza69
PHARMACY

IDA

FREE DELIVERY CITY WIDE!

YOUR PREFERRED RX PROVIDER

Register your drug plan with us! As the closest pharmacy to the University campus we also offer students THE LOWEST dispensing fee in town! Show us your student card and also take advantage of 15% all over the counter items. Our store is taking a new modern look! Stop by today to see what IDA –Plaza 69 has to offer you! It's easy to get to us!

522-2121

Located at the "4 Corners"
1935 Paris Street
Take the following Sudbury Transit Bus Routes
to get dropped off in front of our doors:
181 Paris / LoEllen
182 Ramsey View / Algonquin
819 Copper / Four Corners

SERVICE STUDENTS CAN COUNT ON!

Frosh week 2009: "It's all Greek to me."

SGA

AGE



SEPTEMBER 2009
THE YEAR OF THE GREEK

SUN	MON	TUE	WED	THU	FRI	SAT
	GOOD LUCK WITH SCHOOL!	1	2	3	4	5 TENT DAYS! COME BY OUR TENT TO PICK UP A FREE FROSH KIT 9AM-3PM
6 TENT DAYS! COME BY OUR TENT TO PICK UP A FREE FROSH KIT 9AM-3PM	7 SGA BEACH DAY! 11AM-3PM	8 SGA/AGE OPEN HOUSE! 9AM-4PM	9 ALL AGES PUB NIGHT! 8PM	10 LOCS FREE BBQ AT BELL PARK 11AM	11 GET HYPNOTIZED TONIGHT! 7:30PM	12
13	14 GAMES ROOM GRAND OPENING 11AM	15 FREEZES FOR THE FEES FREE FREEZES! 11AM	16 	17 FROSHA-POLOOZA! 3PM-10PM STUDENT CENTRE	18 SGA GAME NIGHT! 8PM	19 FROSH CONCERT TONIGHT! 9PM
20	21	22	23 CLUB DAYS IN BOWLING ALLEY 10AM-3PM	24	25	26
FINANCIAL AWARENESS WEEK						
27	28	29 FLAG SALE WEEK! COME BY THE SGA OFFICE!	30	HAVE A QUESTION ABOUT AN EVENT? E-MAIL US SGA@LAURENTIANCA		

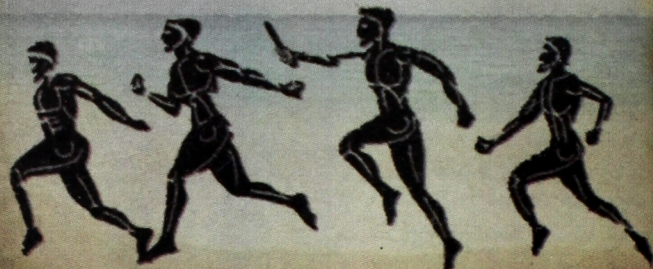
CUT OUT SO YOU DON'T FORGET THESE DATES

SGA Beach Day

"Come get your Greek on at the SGA Toga Beach Day"

September 7th, 2009
11am - 3pm

Location: LU Beach
Cost: Free/plus lunch
All Students are welcome!



SGA Beach Day

Sept. 7 from 11:00 a.m. to 3:00 p.m. LU Beach

An annual Frosh Week tradition proudly brought to you by the SGA/AGE, Beach Day is a blast! Last year over 500 people flocked to Laurentian Beach to take part in the festivities. This year's Beach Day, scheduled for Sept. 7, will feature gladiatorial combat, tug of war, canoe racing, a free BBQ and much more! Some come on down to the shores and check us out! Remember, you don't have to be Frosh to participate. Prizes will be awarded for best toga!

SGA PRESENTS: BRIAN WILCOX HYPNOSIS

FRIDAY SEPTEMBER 11 2009
FRASER AUDITORIUM
COST: \$5.00
TICKETS SOLD AT THE SGA OFFICE
ALL STUDENTS WELCOME

DOORS OPEN AT 7:30PM
SHOW STARTS AT 8:00PM

Brian Wilcox Hypnotist Show Sept. 11 at 7:30 p.m. at Fraser Auditorium

Come to the Fraser Auditorium and prepare to be mystified as hypnotist Brian Wilcox works his magic over the crowd and a few brave volunteers who become hypnotized on stage. Admission is only \$5.00, so make sure to come out and witness the mystique of hypnosis for yourself! All students and public are welcome.

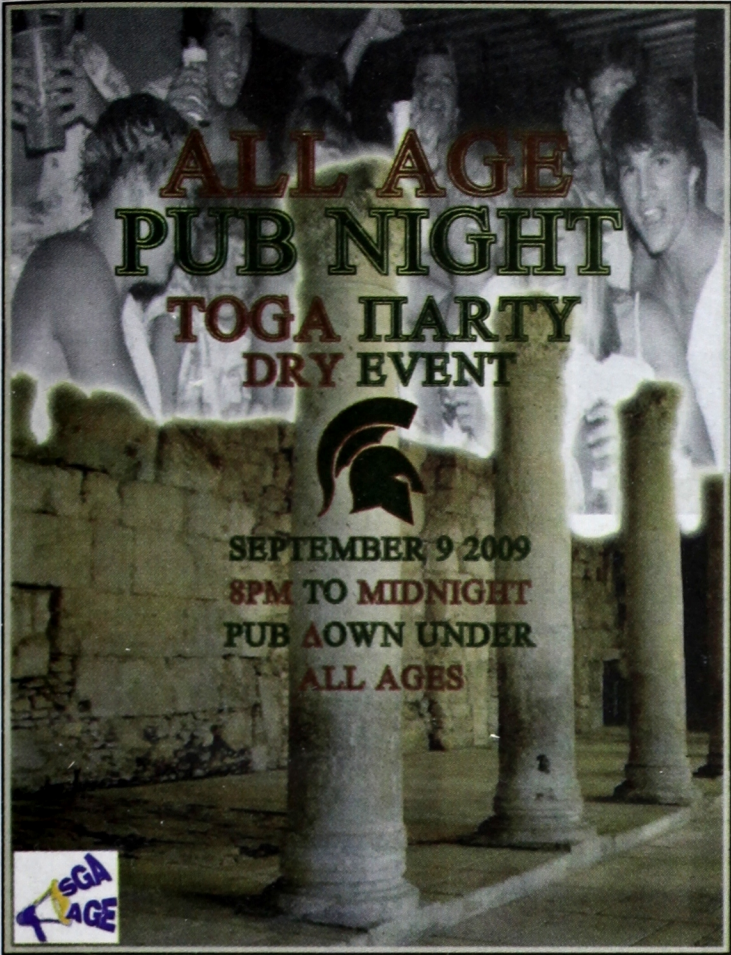
SGA Game Night
Sept. 18 8:00 p.m. to 10:00 p.m.
Student Centre

Think you and your friends can be a Games Room champ? Time to prove it. Sign up your team of six SGA/AGE members and compete in Ping-Pong, Pool, Guitar Hero, Twister, and Foosball to win the inaugural Games Room Cup! Spots are limited as only ten teams can sign up. Think you have what it takes to hoist the cup?



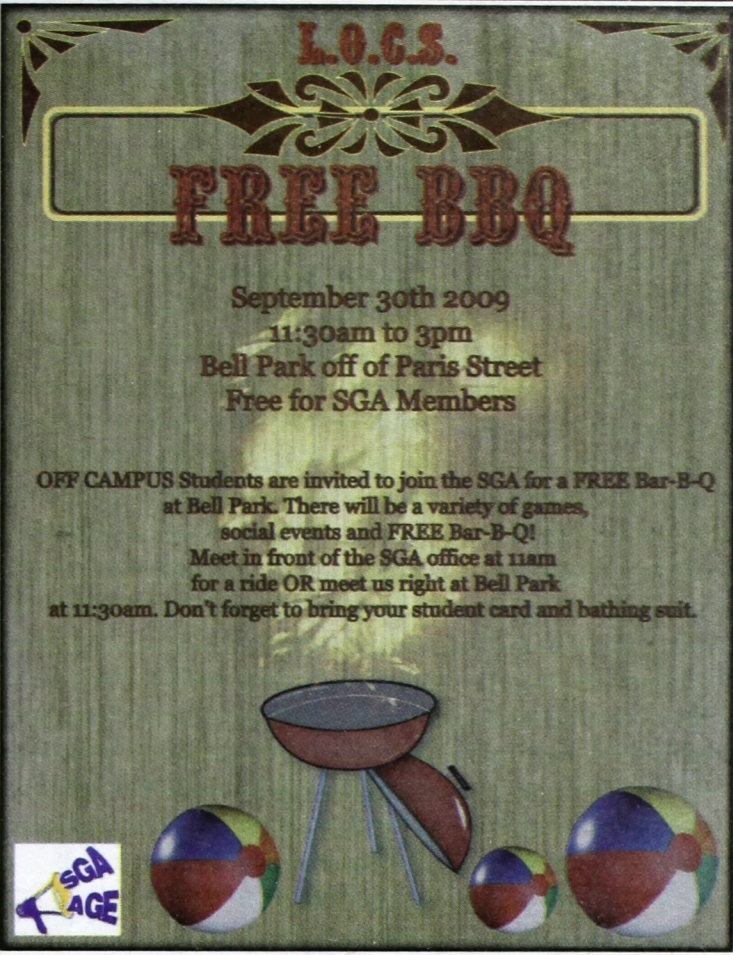
Froshapalooza
Sept. 17 from 3 p.m. to 10 p.m.
Student Centre

This mini musical festival was coined after the infamous Lollapalooza. Live music is a wonderful thing that we'd like to share with our members. From 3 p.m.-10 p.m. the Student Centre will be filled with musicians dying to perform for you. From full bands, to solo artists this will be an evening of great music. All performances will be streamed live on CKLU 96.7FM.



All Ages Pub Night!
Sept. 9 from 8:00 p.m. to 2:00 a.m. The Pub Downunder

To-ga, TO-GA, TO-GA!!! That's right! Wear your favourite Toga to our first Sigma Gamma Alpha (SGA/AGE) Dry pub night Toga Party! We will transform the Pub Downunder into a Greco-Roman paradise for your enjoyment! Enjoy cheap mocktails, awesome music, and great friends in the comfort of your campus Pub. Remember, it's an all ages, so first year students can come get a look at the Pub a little sooner than expected.



LOCS Free BBQ
Sept. 10 from 11:30 a.m. to 1:00 p.m. at Bell Park.

Who doesn't love free food? This is an event for all you off-campus students to mingle on the shores of beautiful Lake Ramsey. Join us at Bell Park for some free food and have a great time enjoying your self amongst the comfort of your fellow students. Be at Bell Park at 11:30 a.m. or meet at the SGA office at 11 a.m.

Games Room Grand Opening
Sept. 14 7 p.m.
Student Centre

You know that room with the comfy couches, foosball tables, ping pong tables, pool tables, and big screen TVs that's been locked up? Guess what, the locks are COMING OFF!!! You are officially invited to the Grand Opening of the Games Room for 2009-2010. Come relax with all the amenities that the games room has to offer and enjoy freshly made Old Rock Coffee.



Freezies for the Fees!
Sept. 15 11:00 a.m. to 1:00 p.m.
SGA Office

Do you hate high tuition fees? Well so do we! Come to the SGA/AGE office to collect something free! Get a Freezie and sign our petition to demand lower tuition fees. If nothing else, you get a freezie.

Frosh concert: Alexisonfire return to Sudbury with new album



Photo Supplied

Frosh Concert: Alexisonfire (Wade MacNeil, Dallas Green, George Pettit, Chris Steele and Jordan "Ratbeard" Hastings) return to Sudbury Sept. 19 from 9:00 p.m. to 12:00 p.m. at the Great Hall. The SGA is proud to offer its members the opportunity to see Alexisonfire play songs off of their new album Old Crows/Young Cardinals as well as the fan favourites like that cemented their reputation as one of Canada's most popular and loudest bands. Previous singles include "Boiled Frogs", "Accidents" and their latest hit "Young Cardinals". All Laurentian Students are welcome. Unfortunately this event is not for the general public and a sign in policy will be in effect. Please bring your student card.

Join the club days



Photo Supplied

Club Days run from Sept. 23 to 24 from 10 a.m. to 3 p.m. in the Bowling Alley. This is your chance to get involved. During club days, student run clubs on campus will be showcasing their groups. Come walk along down the Bowling Alley and sign up for a chance to become a part of university experience.

CKLU 96.7 FM Program Guide



An alternative to mainstream music in Sudbury. Radio for radio haters.

7:30 a.m. - 9:30 a.m.
9:30 a.m. - 11:00 a.m.
11:00 a.m. - 12:00 p.m.
12:00 p.m. - 2:00 p.m.
2:00 p.m. - 3:00 p.m.
3:00 p.m. - 4:00 p.m.
4:00 p.m. - 5:00 p.m.
5:00 p.m. - 6:00 p.m.
6:00 p.m. - 8:00 p.m.
8:00 p.m. - 10:00 p.m.
10:00 p.m. - 12:00 a.m.

Monday:

Vacant

Vacant

Vacant

Vacant

Vacant

Brasse Komarade

Super Funk

The Learning Clinic

Restaurant at the End of the Universe

This Will Destroy You

Tuesday:

Vacant

Wigmore Hall

Jazz

Vacant

Vacant

Vacant

The Drive

Discorporate Rock Radio

Secks on the Radio

The Show

It's The Limit!

Wednesday:

Vacant

Vacant

Monster A-Go Go

Lunch with the Trinnie

Liming with the Trinnie

Night Fright

The Fox Hole

Jimmy Sunshine

Audible Pornography

Night Fright

T.C.C.

Thursday:

Vacant

Vacant

Cupcake and Tea

Putamayo

Vacant

True North

Vacant

Cosmic Dave's Late Night

Hot Bunny Radio

Metal Corp

Records on the Rizz Hizz

APAC

Vacant

Friday:

Reg's Recycled Records

Peek at the Past

Sounds for Seniors

Music of Your Life

Reg Repeat

Track Attack

Thick As Thieves

Move

Artistry in Jazz

This Week in Braille

Saturday:

Shot...

And Now...

Vacant

Hot Like Wasabi

Village of the Darned

Beeps, Squeaks and Clicks

Rhythms of Clublife

Digital Eye

Rhythms of Clublife Afterhours

Sunday:

Vacant

Vacant

Radio Polonia

The Jig is Up

Vibrations of India

The Witching Hour

Reggae-Matic

Revenche Des Singes Volants

Above The Waste

Nadine A.Y. Mad

For more information, to listen online, download archives, read our charts or apply to fill a vacant slot, visit www.cklu.ca.

“Decide on your big goals first and stay focused!”

Robert Kirwan
Contributor

Now that you have placed a bet on the rest of your life by enrolling for another year at Laurentian University, I would like to share some reflections from an interesting book I read recently written by Eileen Shapiro and Howard Stevenson. The name of the book was “Make Your Own Luck”.

The book was based on the principle that every action you take during the course of your life is in fact a ‘bet’. In other words, the actions you take today and the decisions you make are based on the expectation or hope, but not the certainty, of achieving certain desired results in the future.

This approach to life actually makes sense since as human beings we bet all of the time. We cannot avoid it. Everything we do in life is a bet. For example, the program of studies in which you are currently enrolled is nothing more than a bet that the time and resources you invest now will achieve some desired benefit as a result of those actions. It is a very expensive bet because not only are you placing a lot of money on the table, you are giving up a full year of your life. This is one bet that you must win. You can't afford to lose.

Even the act of driving your car is a bet that the choices you make along the way will get you to your destination point. Sometimes you lose that bet if your car breaks down or you get involved in an accident. When you drive over the speed limit, you are betting that a police officer won't be waiting around the corner. The list of daily bets is endless when you think about it.

What amazed me most about this book was the way the authors were able to explain how easy it is for you to gain control of your life simply by becoming more focussed on the “big goals” instead of all of the smaller ones. In

other words, you can dramatically improve your odds of achieving your desired results and therefore go from depending on dumb luck to actually taking more control over your own destinies.



Robert Kirwan
Education & Career Development
Consultant/Host of The Learning
Clinic on CKLU 96.7 FM

This message really hit home in one of the early chapters of the book when the authors were relating an experience they had one day while conducting a job interview for the position of manager of one of their companies. A man named Dean Kamen was one of the candidates for the position. He was asked a number of questions during the course of the interview. One of the questions was, “Imagine you are stranded on a deserted island. If you could choose one person to be stranded with you, who would it be?”

The authors expected Mr. Kamen to give one of the typical answers that people usually give to this question, such as, “your spouse, a great philosopher, an athlete, a famous religious figure, a sexy movie star, a story teller or a close friend or family member.” Before you continue reading, take a moment to consider what your answer would be to the question.

Mr. Kamen surprised the

authors with his answer. He thought for a moment and then said, “The world's best boat builder.”

Mr. Kamen recognized that his ‘big goal’ was to get off the island. He could have selected a companion who would make life much easier for himself while he was stranded on the island waiting to be saved. Instead, he selected a companion who would be able to help him get off the island and thus control his own destiny. Needless to say, Mr. Kamen got the job.

The message for all of us in this story is that as long as you keep your big goals in mind and take actions that will help you move towards those big goals, you will increase the odds of achieving your desired outcomes. All you have to do is make sure you are clearly aware of your “big goals”. Your chances of ‘winning’ most of the bets you make in this ‘game of life’ will be much greater if you think more like Mr. Kamen. If you want to ‘get off the island’ on which you are ‘stranded’, then you should be thinking about finding a ‘boat builder’, not someone who will merely make you comfortable.

If life truly is a series of “bets”, then you want to increase the odds of winning every time you place a bet or make a decision. By focusing on what you need to achieve the “big goals” in your life those odds will be improved and you will be in control of your own destiny.

This is a very important year that may very well determine the course of the rest of your life. When you are faced with critical decisions this year, make sure you keep your mind focused on your big goals. Don't base your choices on what will make you more comfortable in the short term. Make choices that will help you get that much closer to your long term “big goals”. Find your “boat builder” and get off the island so that you can get on with the rest of your life.

Upcoming Events:

Picnicfest '09 featuring: Wax Mannequin, Buckets Of, Mule Skinner, Singapore, Statues, Dead Flowers, Ox, The Elderwood Noise, Aug. 28-30 at Myths and Mirrors. All-Ages.

Al Wood & the Woodsmen with Big Wheel and the Spokes, Sept. 4 at The Townehouse. \$5 admission. Must be 19 or older.

Hot Panda, Sept. 7 at The Townehouse. \$5 admission. Must be 19 or older.

Fear Before, Guttershark, Killing Queens & Bricollage, Sept. 8 at the Jubilee Centre. \$10 admission. All-ages.

Open House with Artistic Director David Savoy, Sept. 10 at the Sudbury Theatre Centre.

Sudbury Jazz Festival featuring Borealis Jazz Quartet, Sept. 12 at Science North.

On campus oddity

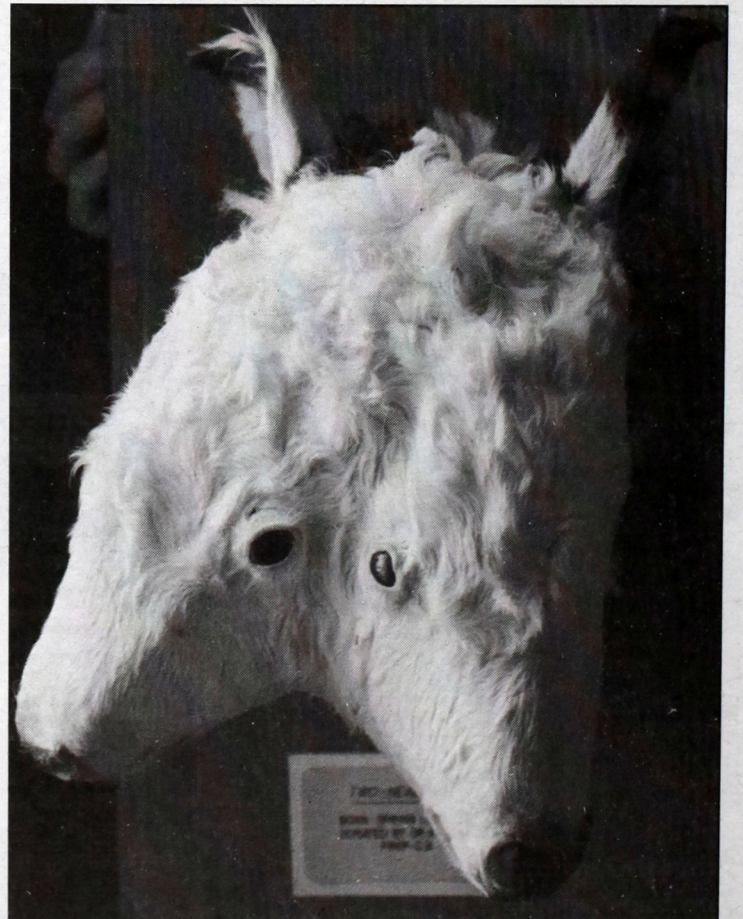


Photo By Matt Moskal

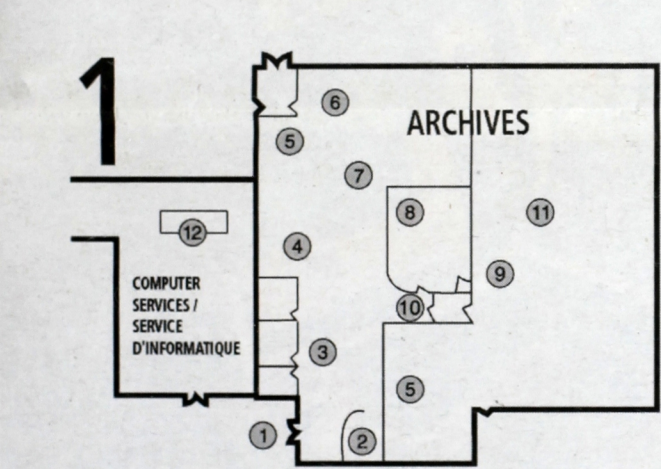
A mysterious two-headed cow's bust rests somewhere on campus waiting to be discovered. Can you locate this bizarre little trophy?

J.N. Desmarais Library and Archives map



Photo by Matt Moskal

The Brenda Wallace reading room is located on the third floor of the J.N. Desmarais Library and offers a quiet and scenic study area for students to catch up on their reading or academic pursuits.



First floor

- Angus Gilbert Reading Room.....7
- Archival Collections.....11
- Cloakroom.....2
- Computer Services Help Desk.....12
- Emergency exit.....6
- Entrance.....1
- Offices.....3
- Reference Collection.....4
- Special collections.....5
- Vault entrance.....10
- Vault (staff access only).....9
- Workroom.....8

Library help desk is currently open:

10:00 a.m. to 4:00 p.m. Mondays to Thursdays

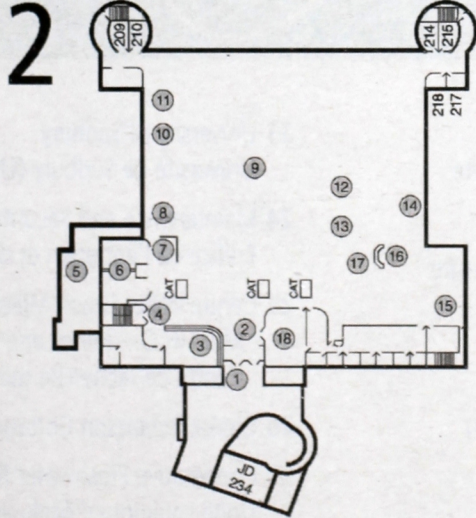
10:00 a.m. to 12:00 p.m. Fridays

Closed Saturdays and Sundays

Hours subject to change as of Sept. 8, 2009.

Second floor

- Atlases and maps.....11
- Book return.....1
- Brenda Wallace Computer Centre.....5
- Catalogue.....CAT
- Circulation desk.....3
- Current periodicals.....8
- Entrance.....2
- Exit to 1st and 3rd floors.....4
- Indexes and abstracts.....13
- Learning Commons.....14
- Library Help Desk.....16
- Library instruction room.....18
- Library Workstations.....17
- Microforms.....15
- Newspapers.....10
- Periodicals.....9
- Photocopiers.....7
- Reference collection.....12
- Reserve desk.....3
- Washrooms.....6



The J.N. Desmarais Library offers many academic resources and services to Laurentian students.

Books and government documents within the library are accessible through the catalogue in various ways including by author, title and subject. Students can also visit the library's home page and click on Finding Information at the J. N. Desmarais Library / Government Information. For more information contact Sylvie Lafortune, ext 3330.

Periodical articles are found using online indexes and abstracts from the library's home page from on- and off-campus. If you would like to download your articles, the circulation desk sells memory sticks for \$10.00.

For recommended databases and other online and print resources by subject, click on the Databases link on the home page.

The library subscribes to 19,500 periodicals in full-text electronic format. For those available only in print or in microformat, use the catalogue to see whether the J. N. Desmarais Library has the periodical title containing the article you want. Like books, print periodicals are organized on the shelves by Library of Congress call number; periodicals in microformat are organized by title.

Students with a computer and access to the Internet may search the campus catalogues from home. Those who log in to Laurentian's

proxy server using their Novell username and password may also access online indexes, abstracts as well as full-text material. For more on the proxy, follow the links on the library home page: How to Use the J. N. Desmarais Library, Undergraduate Students, and Accessing Library Resources from Off-Campus. For assistance, contact computer services, ext 2200.

Laptops are available through the circulation desk on loan to students in need. Contact Mr. Desmond Maley, ext. 3323 for more information.

Learning commons provide students with library research assistance, computer help, writing assistance, and help for those with special needs. The First Year Experience Office is available to new students in need of additional assistance. For further information, contact Mr. Charles Fink, ext. 3420.

Equipment for special needs students is available at the library as well.. For specific help, contact Mr. Robert Wilson, ext. 3327.

Outside of the library the hours of operation and archive hours of operation are posted. For more information call 673-6568. A message board is available outside of the library for students to leave messages for one another, which can be useful in coordinating library visits.

The bulletin board outside of the library displays the availability

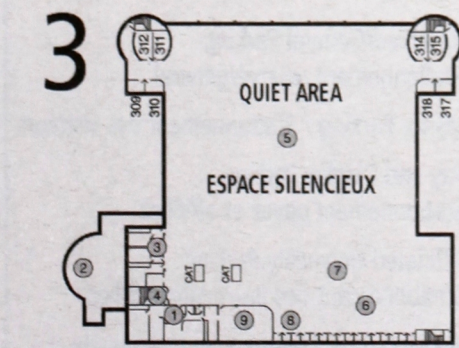
of librarians and the archivist. Both can be consulted specialized research problems You may also contact a librarian at any time at the following email address: reference@laurentian.ca; the archivist may be reached at archives@laurentian.ca.

New books and newspapers are available for quick access in the front of the library. New books have a shelf up front for quick sign-outs and easy access. Newspapers are available at the information desk and include material from most major news publications in Canada. A list of periodicals are available as well, their information is on display near the entrance to the Brenda Wallace Computer Centre.

Photocopiers are on the second floor. Student cards and photocopy cards can carry the necessary amount of money to pay for photocopies. The circulation desk is available to assist in putting money on student cards or photocopy cards as well as machines available in the photocopying area. With a card, the cost per page is 8 cents.

The third floor is a designated quiet area. Conversations and cell phone calls are allowed on the second floor and stairwells but the third floor is designated for quiet studying.

Pay phones are available by the elevator outside the library on the second floor. A phone for university numbers is available near the book bin on the first floor.



Third floor

- Brenda Wallace Reading Room.....2
- Catalogue.....CAT
- Circulation collection.....5
- Entrance.....4
- Government documents.....6
- Government documents (Reference).....7
- Graduate study rooms.....8
- Library administration.....1
- Staff lounge.....9
- Washrooms.....3



- 1 Édifice R.D. Parker Building (L)
- 2 Student Centre étudiant (SCE)
- 3 Great Hall / Grand Salon (DA)
- 4 Édifice des Arts Building (A)
- 5 Classroom Building
Édifice des classes (C)
- 6 Bibliothèque J.N. Desmarais Library (J)
Brenda Wallace Reading Room (3rd floor)
Salle de lecture Brenda-Wallace (3^e étage)
- 7 Science I Building
Édifice des sciences I (S)
- 8 Science II Building
Édifice des sciences II (F)
- 9 Auditorium Fraser Auditorium (FA)
Science II Dining Hall
Salon Science II
- 10 SSR – Single Student Residence
REC – Résidence des étudiants célibataires (G)
- 11 MSR – Mature Student Residence
REA – Résidence des étudiants adultes

- 12 UCR – University College Residence
RCU – Résidence du collège universitaire
- 13 WR / RO – West Residence Ouest (W)
- 14 Health Sciences Education Resource Centre
Centre de ressources pour l'éducation
en matière de santé (H)
- 15 Centre d'éducation physique
B.F. Avery Physical Education Centre (B)
- 16 Laurentian Child and Family Centre
Garderie touche-à-tout
- 17 Outdoor Centre de plein air
- 18 Pavillon Alphonse Raymond Building (E)
Alphonse Raymond Dining Hall
Salon Alphonse-Raymond
- 19 NOSM – Northern Ontario School of Medicine
ÉMNO – École de médecine du Nord de l'Ontario
- 20 English Language School of Education
École des sciences de l'éducation, programme en anglais
- 21 Université Huntington University (HU)
- 22 Université Thorneloe University (T)

- 23 University of Sudbury
Université de Sudbury (US)
- 24 Maintenance and Security Building
Édifice de l'entretien et de la sécurité
- 25 Centre Willet Green Miller Centre
MIRARCO – Mines and Minerals Research
Centre de recherche minière
- 26 Chalet Robertson Cottage
- 27 Cooperative Freshwater Ecology Unit
Unité conjointe d'écologie d'eau douce
- 28 Beach / Plage

- P1 - P15** Reserved/General Parking
Stationnement réservé/général
- P4** Visitor Parking / Stationnement des visiteurs
- A,B,C,D** Pay and Display Parking
Stationnement payez et affichez
- H,S,T** Affiliated University Parking
Stationnement des universités affiliées
- Walking Trails / Sentiers de promenade**